

## The Shirley Best Experience.

[Shirley Best - the reviews](#)

**Her name is Shirley Best!!....cut above the rest, just put her to the test!!**

This is the self avowed "battle cry" that spurs on this campy yet charismatic fifty something housewife as she embarks on her search for self fulfilment. And she's not afraid to shout it out from time to time, although it's "usually when her hormones are unstable."

Shirley looks at the world from her own inimitable, down to earth point of view and offers up a charmingly irreverent commentary on everything from pantyhose to psychoanalysis.

Married forever to the hapless Cecil who, due to emotional trauma, has been rendered less than adequate in the bedroom, Shirley is not content to spend her menopausal years picking up empty beer cans and retrieving the remote control from down behind the couch cushions.



No!! Not when there's so much more in life to explore, clearly evident from those scintillating articles in Cosmo magazine.

A veritable high priestess of polyester, she is always impeccably colour coordinated in flamboyant fashion ensembles that are right on target.... except somebody moved the bullseye.

Her prized possession is a fortrel Chanel knock off reminiscent of Jackie Kennedy, that might of had a hope of fitting her 50 pounds ago. But Shirley is oblivious to the material straining over her proudly rubenesque curves.

*"I have the body of an erotic fertility goddess trapped in an era of Calvin Klein androgyny."*

And she exhorts the liberated modern women to stop striving towards the unrealistic "model" figure and, instead, to learn to love her thighs, cellulite and all.

Everybody has had a "Shirley" in their life, undoubtedly one of the reasons for her demonstrated mass appeal. That and the fact that her hilarious musings bear an uncanny resemblance to the common experiences of every day living.

She is your mother times ten, the person behind you in the Wal Mart checkout lineup. The eccentric aunt all the other relatives gossip about. Everybody has had a Shirley in their life.

One delighted reviewer described her as a cross between "Oprah, Anthony Robbins and Roseanne".

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## Reviews

Comedian Zandra Bell opened the show to a round of roaring applause as her alter ego Shirley Best. On stage in a glam outfit that combined what she called Godzilla meets lost In Space, Best thrilled the audience with one-liners about the joys of outdoor living.

*"I can't get into this dining al fresco. Biting into something while something's biting into you."*

Women In Comedy Show - Edmonton Street Performers Festival

Edmonton Journal



She leads a double life. One body - two women. On one hand meet Zandra Bell, with her long luscious copper curls, impeccable makeup and a chic sense of style...On the other hand meet Shirley Best, a frumpy fifty-something, she wears little (much to little!!!) suits, dorky glasses, rouge that glows like a pair of nuclear

